

Olympic gold medalist: Russ Howard coming to Maryfield

BY KEVIN WEEDMARK People in Maryfield take their curling seriously, so Olympic gold medallist Russ Howard should fit right in when he comes to town in March.

The curling-crazy com-munity took part in a national competition to attract Howard to town, and is one of two winning communities that will host Howard.

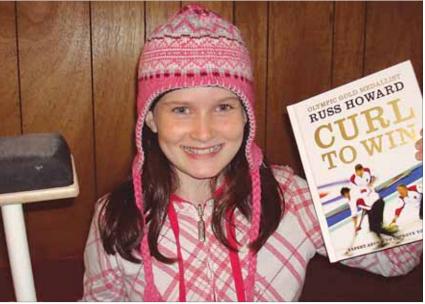
Howard. In addition to winning Olympic gold, Howard has earned a record 107 Brier wins, has reached multiple world champi-onships and is considered one of Canada's best curlers. Maryfield had entered

the "Any town, Anywhere in Canada" Contest, which asked curling clubs big and small across Canada to demonstrate how they would benefit from a day

would benefit from a day with Olympic gold medal-list Russ Howard. Janet Lemon says the community got together, put together a submission quickly, and then waited patiently to see if they would be chosen. "It was heat Eabward thet we had last February that we had to have everything in by, and we were told in April that we were a finalist, but wasn't until October that we knew we won. We were very excited," she says.

"Everyone in town is re-ally looking forward to it,

any looking looward to it, and I'm hoping we'll have a good crowd." Entries flooded in from across Canada for the con-test. "We received so many amazing submissions for this contest," says Harper-Collins Marketing Manag-er Cory Beatty. Dozens of communities put together submissions that included scrapbooks. homemade movies, songs, photo albums, and posters drawn by local kids. The two winning communities at the end of the process are Maryfield and Dartmouth, Nova Scotia



Bailey McMullin holds a copy of Russ Howard's Curl to Win. This photo was on the cover of the scrapbook Maryfield submitted to try to attract the curling legend to the curling-crazy town. Howard is coming to Maryfield March 31.

Maryfield Curling Club plans to welcome How-ard to "a fun-filled day complete with a taste of complete with a taste of down-home prairie hospi-tality," says Janet Lemon. Maryfield's curling club won over the judges at HarperCollins—the pub-lishers of Howard's book and organizers of the contest—with its original song "Rocks on the Ice." A video of Maryfield's junior curlers performing "Rocks on the Ice" and "Rocks on the Ice" and people explaining why they think Howard should visit Maryfield was part of the community's sub-mission. Maryfield also submitted a scrapbook outlining the reasons why people in Maryfield want Howard to come to the



Olympic champion Russ Howard delivers a shot.

nior and school curlers, community, a proposed schedule for Russ Howard Day, information on the Lions' Mini-Spiel, the Kids' Curling Program, Maryfield's successful jufrom the World-Specta-tor—an article written in the fall of 2008 when we had our first harvest sup-

per," says Lemon. The package also in-cluded pictures drawn by Maryfield students and photos of curlers and banners in the Maryfield rink. "We are a small village

"We are a small village with a huge curling heart," says Maryfield Recreation Board President Cindy Thompson. "This visit from Russ Howard will keep the passion for curl-ing alive and help get the next generation excited too." too.

Maryfield put together its submission for the contest last February.

The community has a busy day planned for

Howard when he visits Maryfield.

It will kick off with a pancake breakfast at 8 a.m. at the Maryfield Rink, followed by a visit to Maryfield School where to Maryfield School where students will perform their chants and cheers for Howard—including "Rocks on the Ice"—and Howard will speak to the students on his Olympic experience, team building and setting coals

and setting goals. Curling fans will have a chance to meet Howard over lunch at the Arling-ton Hotel. The afternoon will include a clinic with innigr curlers four-and junior curlers, four-end games with junior curl-ers, and a mini-bonspiel in which Howard will take turns curling with the different teams. The evening will include a social hour, supper and program at the Maryfield Auditorium, where a program dedicat-ed to Russ Howard will be held, culminating in a speech by Howard.

There will be two book signings for Curl to Win— at the curling rink in the afternoon and following the program in the evening

Howard says he is looking forward to visiting Maryfield at the end of March. "I would like to congratulate the two curl-ing clubs from Dartmouth and Maryfield for their winning submissions," he said.

said. "It is a privilege for me to visit both of these communities who have shown tremendous enthusiasm for curling and their voung curlers.

"I am excited to meet those responsible for the submissions, and the members and friends in their communities. It is always such a pleasure to meet people who have the same love for the game as I do!

The Whitewood Curling Club was a runner up in the national competition.

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the Community Acres Program and The Harvest Supper, which raise mon-ey for the rink. "It even included a page

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Lawrence, **Swiegers** win bronze at nationals

BY KARA KINIVA Kennedy's Paige Law-rence and Kipling's Rudi Swiegers came within a whisper of competing at worlds, coming home with a bronze medal, after competing in the Canadian national senior figure skating championships in Victoria from Jan. 21-23.

"We're really excited," says Swiegers. "It's our first national title. It can only get better from here." better from here.

Last year the pair placed sixth at Canadian nationals. This year they went in gunning for a podium finish and made it.

"Our goal at the begin-ning of the season was to make the podium this year," says Swiegers. "We wanted to demonstrate to the Canadian crowds what we can do and what we're capable of.'

The pair skated a successful short program, and were in second place after the first night of the competition, but a fall in the long program robbed them of just enough robbed them of just enough points to finish second over-all, pushing them back to third. Only the top two pairs move on to worlds in Ja-pan in March. Swiegers and Lawrence are the alternates for the event.

Both Swiegers and Law-rence consider it a learning

"I think one of the things we've learned is that we can't get ahead of our-selves," says Lawrence. "We have to stay in the moment and really focus on what we're doing instead of get-ting caught up and letting a little mistake throw us off

"We learned not to count your chickens before they hatch," says Swiegers. "We started off really strong (in the long program), and in the last few minutes I lost fo-cus and that cost us a better placing, so we need to just always stay focussed right to the end of the program." "That seems to be Rudi's

"That seems to be Rudi's and my career up to date," says Lawrence. "We're the pair that is almost there all the time. In junior nation-als we got second by .06, and we got fourth in junior worlds by .04. "I think use are learning

"I think we are learning and we are getting better, and I know eventually ev-erything will come together at the right time for us, and hopefully when we need it. Until then we'll keep mak-ing mistakes and learning from our mistakes.

"It just makes us that much hungrier for next year—be-ing this close to worlds and having to train for it but not being able to go. It will push us that much harder. Every-

thing happens for a reason." Patty Hole, the pair's coach from Virden, says that Swiegers and Lawrence are always crowd favorites at any event they perform at, and nationals was no excep-

"Their greatest strength is that people across Canada, from the east coast to the west coast, love these two. Every time the crowd is on their feet no matter where these two go to skate. So when we go to perform, that is just huge for us. "They are known to be

great, great performers, and their throws are usually a highlight. "Our weakness is prob-

ably consistency—keeping everything together. We're going to continue to work on that."

Moore-Towers Kirsten and Dylan Moscovitch of Waterloo, Ontario took gold at nationals. "Kirsten and Dylan have

Waster and Dynamic and Dynamic

"But we're young and we're going to get there." Hole says that the attitude

of Swiegers and Lawrence is changing as they continue to gain experience and work toward their ultimate goal of competing in the winter Olympics in Sochi, Russia in 2014.

"We've got enough expe-rience now," says Hole. "I do believe that now when they step onto the ice they are realizing that they can be as good as everyone else.

"They are really starting to believe and trust in themselves, and that makes it easier

Placing third at nation-als has qualified the pair to compete in the Four Conti-

compete in the Four Conti-nents Figure Skating Cham-pionships in Taipei, Taiwan from Feb. 15-20. The pair considers it a major achievement to be al-ternates for worlds, as well as competitors in Four Con-tinents tinents

"It's a great feeling," says Swiegers, "We're ready to go (to worlds) if they need us. Just to be alternates is a big honor and we're really ex-cited " cited.

"That's an accomplish-ment all in itself," says Law-rence. "It really helps that we qualified for Four Continents, and we'll keep train-ing hard in case we get that call (to worlds). We want to be ready to go."

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Local pairs team Paige Lawrence and Rudi Swiegers performing their short and long program at Canadian nationals in Victoria.



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Planning underway for marathon in **Moosomin in June**

BY KARA KINNA Planning is in the very early stages for a marathon to be held in Moosomin on

Sunday, June 19. A number of local peo-ple have decided that Moosomin should host a half marathon (26.2 km) walk/run, a 10 km walk/ run, and a five km walk

run, and a five km walk that day, which is also Fa-ther's Day. "What started it was when we went to the Queen City marathon in Regina last year—that's a huge event and that's a big deal." says lason Light, who decided to get the ball rolling and approach a number of people about planning a Moosomin marathon. Light and his wife Gab-

marathon. Light and his wife Gab-by both participated in the Queen City Marathon. Light says Gabby also par-ticipated in a marathon

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held in Virden last year, and was impressed with how well organized the event was.

Light says he sees no reason why a town the size of Moosomin cannot hold a similar event. "There are a lot of peo-

ple in this community who walk, and the gym is get-ting busier all the time," he

says. "Our goal for the first year is more or less to get it established and to get people out there."

Light has approached Robin Berry and Kristen McAuley at Strive Fitness in Moosomin about being the main organizers of the event, and the pair have agreed to take on that role

He has also approached a number of companies about sponsorship of the event.

Robin Berry says she is excited that planning for a marathon in Moosomin is moving forward.

moving forward. "I think it gets the com-munity involved and brings people into the com-munity of Moosomin from other towns," she says. Barry says there are a lot of benefits to competing in a monthere

a marathon. "You build your endur-

ance," she says, "it's great exercise, you have a training program to stick to, it's an outdoor event, and

it's something to strive to-ward—you can set goals." Plans for the marathon are just in the very early stages, and the route for the marathon has not been set yet, but Light says it will likely be held on the morning of June 19 and start at the Moosomin Communiplex.

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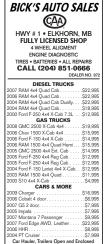
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Manitoba sees record oil, gas figures

The latest estimates of oil and gas industry ex-penditures in Manitoba for 2010 total a record-break-ing \$800 million and the spinoff effects will further improve the province's economy, Innovation, Energy and Mines Minister Dave Chomiak announced last week.

"2010 was a record year for the industry on several fronts," said Chomiak.

"Manitoba has experi-enced a doubling of wells licensed, wells drilled and metres drilled compared to 2009. Last year, 632 wells were licensed and 516 new wells were drilled. As well, geophysical activity has also increased to a record level, with 23 seismic-ex-ploration programs operating last year." Oil production in Mani-

toba has more than dou-

bled since 2004. In 2010, approximately 3,300 wells produced over 29,000 barrels of oil per day. In 2004, there were 1,710 wells producing 11,020 barrels of oil per day. "Manitoba's competitive

nature appeals to the oil industry and we have an atdustry and we have an at-tractive incentive program to encourage the industry to invest further in our province," said Chomiak.

"The work of the indus-try, such as exploration and development drilling, contributes to our diverse economy, which has been critical in helping Manitoba to thrive.

The Petroleum Services Association of Canada (PSAC) is forecasting 2011 will be even busier than 2010. PSAC has forecast 550 new wells will be drilled in Manitoba in 2011.

"Penn West is pleased to be a key player in Mani-toba's oil and gas industry, as well as a big part of the local and provincial econ-omy," said Diana Walls, government and industry relations, Penn West Explo-

ration. "Our Manitoba operations represent one of our most significant oil resource plays and we plan to grow our operations fur-ther in the Waskada area. We appreciate the open and collaborative approach of the Manitoba govern-ment which creates a safe, balanced and productive operating environment for our industry and for the benefit of Manitobans. We anticipate a steady increase in our long-term investment in Manitoba and will continue to work with the

and area residents to supand area residents to sup-port the province's goals." The petroleum indus-try in Manitoba employs a workforce of about 1,500 individuals. These high-paying, technical jobs build upon the economic stability of Manitoba, said Chomiak. The province's Manitoba Drilling Incentive Program, which provides incentives to explore and develop petroleum resources in the province, was extended at the end of 2009 through to 2014.



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Seven minor hockey teams were chosen during Hockey Day in Sas-katchewan to attend WHL games this season as part of the WHL Youth Experience Contest.

Seven minor hockey teams chosen in WHL contest

Minor hockey players from seven teams across Saskatchewan will get the opportunity to watch some of Western Canada's elite Junior hockey play-ers thanks to SaskEnergy Hockey Day in Saskatchewan.

The 4th Annual SaskEnergy Hockey Day in Saskatch-ewan took place on Jan. 15. Hockey Day is intended to promote hockey at a grassroots level, raise awareness of the importance of the local rink and celebrate the many volunteers who assist in keeping hockey active in their community.

The WHL Youth Experience Contest received 93 entries this year, with seven minor hockey teams selected to attend a WHL game in Regina, Saskatoon, Moose Jaw, Prince Albert and Swift Current during SaskEnergy Hockey Day in Saskatchewan weekend activities. The winning teams this year are from the communities of Mont-martre, Rouleau/Avonlea, Radville, Rosetown, Carrot River, Herbert and Choiceland.

"This is an exceptional opportunity for SaskEn-ergy, the Saskatchewan Hockey Association (SHA) and the Western Hockey League (WHL) to contribute to the development of hockey in our communities. These young players get to see elite hockey played at the major junior level and learn how hard work and determination can really pay off," said Don Toth, Moosomin MLA on behalf of Dustin Duncan, the minister responsible for SaskEnergy. "SaskEnergy SaskEnergy. "SaskEnergy is again proud to partner with SHA to keep this ex-perience an important part of Hockey Day in Saskatchewan.

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One trip, three cats

They say bad things come in threes. But what about good things, do they come in threes too? Or how about unexpected things, do they come in threes? Or how about encounters with cats and dogs, do they come in threes?

After a five-day excursion to Niagara Falls, I'd have to say that both "unexpected things" and "cats" come in threes

Our first unexpected encounter came on the night before our trip, as we stayed overnight with friends in order to catch an early morning flight. Their unusually friendly cat curled up on our laps without hesitation, sought our attention at nearly every moment and probably would have come with us on our flight to Toronto if we had let it. But since this was our first slightly unique cat encounter (and because our luggage was full beyond zipping capacity), we left without Monster in any of our bags. Our second "cat"astrophically surprising encounter happened while learning about the history of the Niag-re Falle.

ara Falls. Any conversation about this natural wonder, which sees 600,000 litres of water per second fall 52 me-tres into the gorge below, ultimately turns to those crazy enough to have purposely hurled themselves over the

In 1829, Sam Patch jumped from a high tower into the gorge and survived. Yes, this is an unexpected event, but it doesn't have anything to do with cats . . . yet. In 1901



came miss Annie Edson Taylor, a 63-year-old Michigan school teacher who was the first person to ever go over the falls in a barrel. As amazing as this is, the cat is sand-wiched between the feats of Patch and Taylor.

A poor, unsuspecting domestic cat by the name of Lag-ara was the guinea pig—or should we say "guinea cat" out of respect—for Miss Taylor's crazy publicity stunt. In order to test the possibility of survival when traveling over the falls in a wooden barrel, the cat was sent in ad-vance of Taylor. Can you imagine the meowing and hiss-ing that stuffing a cat into a barrel must have caused? Good thing they weren't able to tell him why the stuffing

was occurring. Anyway, the cat survived, unharmed and seemingly no worse for the 52-metre drop into an abyss of swirling water and death-defying rapids. As for Miss Taylor, she survived as well, and will forever go down in history as one crazy, cat-following act.

The final cat encounter occurred on our way home in Toronto's Pearson International Airport. While strolling aimlessly around the premises, we stumbled onto cat number three. Now, I'm still not convinced that this cat was not a stow-away, as its owner had brought it from the USA via the inside of a small travel bag. The minis-cule red travel case was perched on the seat beside this lady who proceeded to tell us that she had traveled with her black and white cat across the border.

Furthermore, the cat across the border. Furthermore, the cat travelled for free, did not require a cat kennel, did not have a passport, was apparently not opposed to the full body scan and was now sitting comfortably in the owner's lap, waiting for its next adventure.

Call us crazy, or call it a crazy coincidence of events, but I'm thinking there's a message in these three inter-esting cat encounters that came in the time span of just five days.

The message might be: if you're a cat, go with the flow. It could take you to the Regina Airport with friends of friends, or it could transport you to the Pearson Airport via John F. Kennedy International Airport in New York or it could take you right over Niagara Falls. In any case, the cat will be in for an adventure—maybe even three, if that's how many they come in?

Christalee Froese welcomes comments at lcfroese@sasktel. net or visit www.westwords.net.



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Cloning the mammoth

One of the more striking exhibits at the Royal Saskatch ewan Museum is the woolly mammoth that looms over you, emerging from a forest, when you round one of the corners in the Earth Sciences Gallery.

Twelve thousand years ago, you might have encountered exactly that scene while strolling through Saskatchewan: these days, the closest you can come is a museum exhibit, because woolly mammoths are, of course, quite extinct.

But gone forever? Perhaps not. As the hag tells Prince Cas-pian in the C.S. Lewis book of the same name, "You can al-Ways get them back." Oh, sure, she was talking about the White Witch, but she

could have been talking about mammoths. At least, that's the hope of a group of Japanese researchers led by Akira Iritani, professor emeritus of Kyoto University.

Nor will it require black magic. Just a chunk of tissue from one of the mammoths periodically found frozen in the ice, an elephant's egg cell, an elephant's uterus, time ... and luck. The result will be, if all goes well, a living mammoth ge-netically identical to the long-dead but freezer-fresh original:

a clone.

"Clone" sounds very science-fictiony, but in fact we've been surrounded by them for thousands of years: every plant produced from a leaf cutting is a clone, genetically identical to the plant the cutting came from.

"There are also naturally occurring clones in the animal kingdom." (I'm quoting myself here, from my book *Genetics Demystified*) "With the right chemical stimulus, the unfertilized eggs of some small invertebrates, worms, fish, lizards and frogs, can develop into full-grown adults that are clones of the mother, a process called parthenogenesis. And, of course, identical twins are clones of each other.

"However, the first artificially produced animal clone was created by John Gurdon in the 1970s. He transplanted the nucleus of a somatic cell from one frog into the unfertilized egg of a second frog that had been enucleated—its nucleus had been destroyed by ultraviolet light. The egg developed



Edward Willett

into a tadpole genetically identical to the frog whose cell the nucleus came from. However, it did not grow into an adult

"This type of cloning is called somatic nuclear transfer. It was not successfully carried out in mammals until lan Wilmut and colleagues at the Roslin Institute in Edinburgh successfully cloned Dolly the Sheep in 1997. Wilmut took a nucleus from a mammary gland call of a Finn Dorsett sheep, and transplanted it into the enucleated egg of a Scottish blackface ewe. The nucleus and egg were forced to fuse (and stimulated into dividing) with a jolt of electricity, a process called electrofusion. The new cell divided, and was placed in the uterus of a blackface sheep to develop. Dolly was born some months later. The process had been tried 275 times be-fore it was successful." Since Dolly's day, many other mammals have been cloned:

including, a year ago, a Pyrenean ibex, which went extinct in 2000. Scientists had preserved a skin sample in liquid nitrogen, and were able to extract DNA from it, replicate it, insert it into goat eggs, and create a viable embryo that was born

if into goat eggs, and create a alive to its surrogate mother. Unfortunately, the new-born kid had lung defects that soon proved fatal. Which is one reason luck is vital to the attempt to resurrect the woolly mam-

moth. Cloning based on frozen DNA is only about 30 perfrom frozen mammoths—frozen DNA is only about so per-cent successful, and even extracting a good DNA sample from frozen mammoths—frozen for a very long time and at temperatures nowhere near those of liquid nitrogen—has proven nigh-impossible. But recently, Teruhiko Wakayama of the Rikan Centre for

Developmental Biology developed a new technique that en-abled him to extract viable DNA from a mouse frozen for 16 years at temperatures comparable to those of frozen mam-moths. Using a method based on that technique, Iritani and hours, using a method based on that technique, intain and his research team have successfully extracted undamaged nuclei from mammoth eggs. Now they'll implant that DNA into an elephant's egg, cre-ating an embryo which will be implanted in an elephant's

uterus. There are many pitfalls along the way, but Iritani hopes to succeed within five or six years. The hope is that having a living mammoth to study will help scientists understand why they went extinct in the first place. As well, success with a mammoth might point the way place. As well, success with a mammoth might point the way to bringing other extinct species back from the grave—and ensuring that currently endangered species aren't lost for-ever if they fall extinct. But never mind that. The coolest thing of all would simply be seeing a woolly mammoth, alive and in the hairy flesh. In Lewis's Narnia books, the White Witch made it "always winter and never Christmas." For frozen mammoths, it's been winter a very long time . . . but Christmas, spring and summer could be just around the corner. Edward Willet is an award-winning writer of fiction and non-

Edward Willett is an award-winning writer of fiction and non fiction from Regina.

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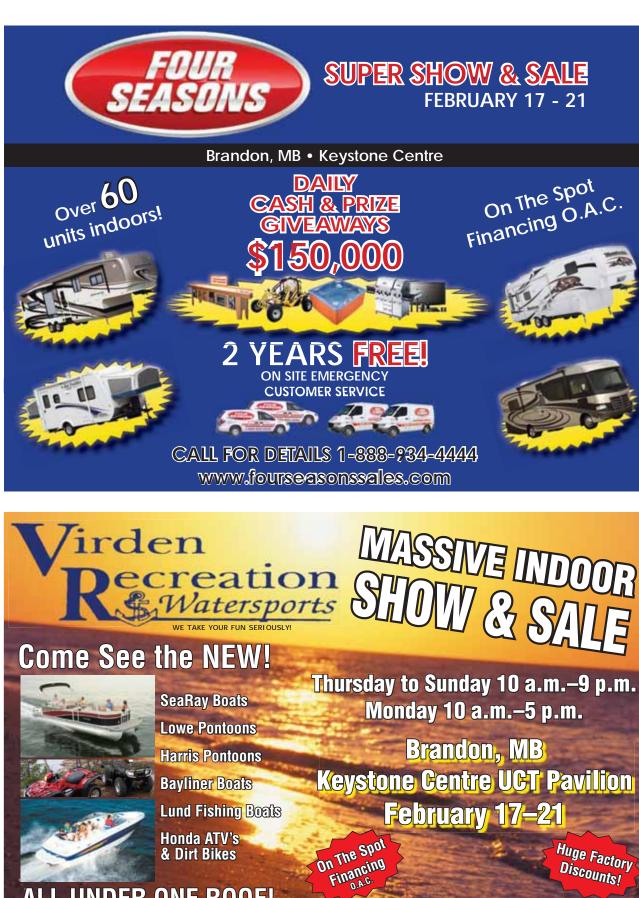
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Building permits up in Saskatchewan

Building permits in Saskatchewan for December 2010 were released Feb. 7 by Statistics Canada that confirms construction sites are very busy across the provinger busy across

the province. Between December 2009 and December 2010 building permits jumped 19.5 per cent, the third highest percentage increase in Canada (seasonally-adjusted).

Permits were also up on a monthly basis, increasing five per cent between November 2010 and December 2010. This was the fourth-highest increase in the nation over that period.

"With our population hitting record levels last year, the demand for housing increased and led to a busy year for the construc-

tion industry," Enterprise Minister Jeremy Harrison said.

"The rise in building permits shows that the r strength of our economy t continues to attract new a people and new business to our province. The con-

struction industry has been able to tap into the provinces's growth by providing homes for new residents, and at the same time meet the commercial and industrial demand from our thriving business community." Residential construction was up 62.7 per cent between December 2009 and December 2010, tied with Prince Edward Island for the highest percentage increase among the provinces.



Whitewood, SK.

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February 201

Image: State Stat

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small medicine bundle effigies Horn Chips or Old Chips, a we medicine man who was a medici Crazy Horse. "He had given Crazy Horse a bundle and told bin to never ta

says Laque would pro

Bear. as the Martin Luther ople," Laquerre says. nan rights activist. He e his people ar human man rights activ e his people ar l on ranges from the Standing Bear to that ief Red Cloud. "Red ht with the American



At top: A peace pipe believed to belong to Chief Big Foot. It was picked up at the Wounded Knee massacre

ade from buffalo hide.

At right: Items belonging to Chief Running Elk. He used the small hand-to-hand weapon in the Rosebud war



Plain and Valley





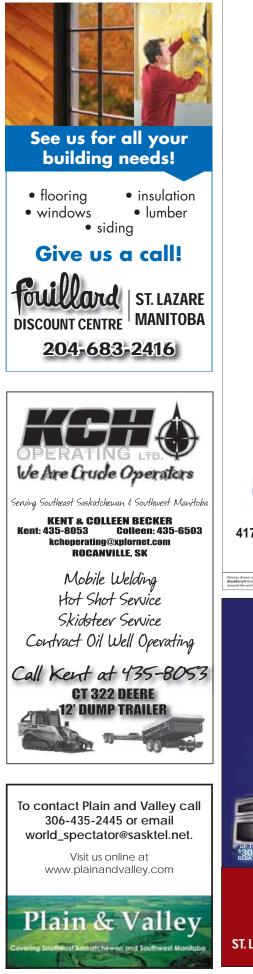
nged to Chief Red Clo facing each c' acing each oth ing his enemie

pestone represented blood. The weeping let that was fired upon him, which he had to decorate the pipe.

tese as a symbolic shield of protection believing tey would help protect them against bullets. This appears to have been pierced by an arrow or a

At bottom right: An eastern-type tomahawk pipe fr the late 1800s.

February 2011





RCMP Musical Ride being held in Rocanville

ву Kara Kinna A committee has been struck and plans are mov-ing forward for the RCMP Musical Ride tentatively scheduled to be held in Rocanville. Sask. on June 1.

"We've got our commit-tee together and we are starting to make plans," says Rocanville Recreation

Director Kathy Brown. "It's going to be a big project. Once we start getting things in place we want to do a whole evening, not just the musical ride." The RCMP Musical Ride

is tentatively booked to be in Rocanville on June 1, but Rocanville is still waiting for final confirmation from the RCMP on that date. However Brown says that once a date for the ride is tentatively booked, it usually goes ahead, and the committee is proceeding as if the ride is a go. "We're hopeful and we're

just going to go ahead like it's a done deal," says Brown.

"We have 10 people on the committee and will break into subcommittees and let them round up volunteers for each project. whether it's entertainment or preparing the grounds



One of the formations performed by the RCMP Musical Ride. The ride is tentatively booked for Rocanville for June 1.

or the stables.

Brown says that hosting the event will take hundreds of volunteers. The 39 horses used in the ride will arrive in Rocanville on May

31 and must be lodged and fed overnight. The horses will be housed in the Rocanville skating rink. Dirt must be hauled into the rink and temporary pens

must be set up to keep the horses overnight, and tim-othy hay must be provided for the horses' feed. The ride itself will be held

at the ball diamonds and

the committee will need to set up more bleachers at the diamonds to accommodate the crowds, and to al-low for an elevated view of the ride and its patterns.

EARLY BOOKING SPECIAL

The grounds will also need to be prepared and made fit for the horses and riders.

The committee is hoping to plan a supper and enter-tainment before the ride, which will take place in the evening. There will also be a show in the afternoon for area school children.

'It looks like we will be able to put together a two or three hour program and hopefully a meal," says Brown of the evening event.

Already there are volunteers stepping forward for

the event. "I have people phon-ing me so there seems to be quite a bit of interest," says Brown. "We've had a few of the service groups approach us, and there is some interest from 4-H clubs who have contacted us.

Despite the interest, Brown says there is still a need for subcommittee members and plenty of volunteers. She says anyone inter-

ested in joining a subcom-mittee or volunteering for the event can call the Rocanville Recreation office at 645-2164.



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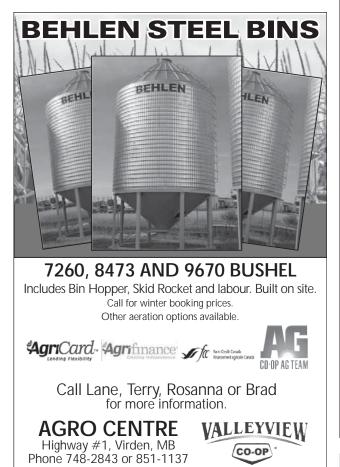
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Plain and Valley



Generating plant taking shape

Work continues on a new natural gas electrical generating plant being built west of Spy Hill and north of Tantallon, Sask. The 86 mw plant is being built by Northland Power to help SaskPower meet the growing electricity demands in southeast Saskatchewan.







When it makes sense to borrow for your RRSP

Loans are a part of life for most Canadians. We take out loans to pay for our cars and our homes. for vacations, furniture and TVs. And, at this time of year, as the deadline for making your 2010 Regis-tered Retirement Savings Plan (RRSP) contribution looms, you may be asking yourself if it makes sense to make one more loanloan to increase your RRSP contribution.

The right answer for you depends on the overall shape of your financial life. Let's look at the factors you should consider. IT MAKES SENSE TO BORROW

 Because contributing to your RRSP can pay off in two ways: First, you'll increase the size of your tax refund: second. vou'll have more tax-deferred money growing inside your retirement plan. But

the first rule is this: The loan must fit your budget.When you intend to pay off the loan within a

year, remember, interest on an RRSP loan is not taxdeductible. Consider a se-ries a smaller RRSP loans with payments within your budget. Longer term loans are more suitable for purchasing non-registered investments (when the interest is tax deductible).

 When the size of the loan maximizes tax sav-ings. Tax rates rise with ings. Tax rates rise with income. More tax can of-ten be saved by spread-ing RRSP deductions over more than one year. While contributions made in contributions made in

one year can be deducted in a future year, it does not always make sense to borrow to make an RRSP contribution if it will take several years to fully uti-lize the deduction. Again a series of smaller loans may produce the better finan cial result.

• When you use your tax refund to pay off the loan as quickly as possible. WHEN IT MIGHT NOT MAKE SENSE

• If you expect to be taxed at, or near, the lowest marginal rate over time. In that case, you won't get the full tax-reduction benefit of making your maximum RRSP contribution, so the cost of taking out an RRSP loan doesn't make sense. Instead, you might want to consider contributing to a Tax-free Savings Account (TFSA). The contribution isn't tax deductible but money and interest inside a TFSA is tax-free and, unlike your RRSP, so are withdrawals. which can be made at any time for any purpose. If your increased

building a financial plan,

and being confident about your personal financial situation.

Sixty-one per cent of Canadians who have met

with an advisor in the last

vear have financial goals in

place for themselves and their families versus just 41

per cent among those who haven't met with an advi-

Confidence is also higher

among this group that they will reach their financial

goals at 77 per cent versus a 66 per cent confidence level

among those who have not

had a conversation with an

sor

advisor.

RRSP refund is already earmarked, in whole or in part, to pay taxes you owe on other income.

 If you are unsure your income level will allow you to meet your RRSP loan obligations, which you will be required to do regardless of your income level and the performance of your RRSP in the shorter term.

Borrowing to increase your RRSP contribution can be a useful strategy but it also comes with specific risks. Perhaps you can avoid the need to borrow avoid the need to borrow next year through a Pre-Authorized Contribution (PAC) plan that automati-cally deducts and saves any amount you want from your regular pay cheques.

And, of course, your professional advisor can help you map out the RRSP

ents on a regular basis

that there is a connection between having a good conversation about their broader financial goals and

how they feel about their finances," added Dodig.

"Having a conversation with a financial advisor about your goals and what

you want to accomplish is just that—a conversation.

It's an opportunity for you to talk about what matters

to you, whether it's plan-

ning for retirement or re-

ducing your debt, and then talking about how you can

work towards those goals

by taking a holistic view of your financial picture."

contribution strategy that fits the overall shape of your financial life.

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Canadians positive about their finances working with an advisor, "We hear from our cli-

Most Canadians are feeling positive about their ing positive about their current financial situation and are optimistic they will meet their future financial goals, according to a recent CIBC poll. The poll also re-vealed that Canadians who have met with an advisor competime in the lact year sometime in the last year are more likely to have es-tablished goals for them-selves and feel that they are on track to meet them

Key findings of the poll include

• 69 per cent of Cana-dians feel positive about their current financial situation, which was consistent across all age groups in the

survey. • 71 per cent of Canadi-ans think it's more important to set financial goals today than it was five years ago, although only 51 per cent say they annually set financial goals for them-selves and their family. Canadians aged 25 to 44 were most likely to have financial goals in place (57

per cent). • 71 per cent of Canadians are confident they will reach their financial goals.

"It is encouraging to see that most Canadians are positive about their cur-rent financial situation rent and are increasingly aware of the importance of setting and working towards personal financial goals," said Victor Dodig, Executive Vice-President, Retail Distribution and Wealth Management, CIBC Retail Markets.

The poll also identified an important link between



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Community theatres make winter a little shorter

BY HELEN SOLMES

This year's roster of community theatre productions promises to carry us through the last few weeks of winter blahs with hours of light-hearted entertainment and a belly full of laughs that will carry us well into gardening season. From the zany an-tics of the Sow's Belly Soup Group in Stock-holm this month to the last curtain call of the spring season in Binscarth in May, local community theatre performances offer en-tertainment that includes familiar faces.

This is the time of year when coworkers, carpool buddies, neighbors, and friends transform themselves into larger-than-life characters—wander-lust cruisers, a wannabe poet, Cinderella and her Prince Charming, a heart-warming senior and her malicious stepchildren, and Hans Christian Andersen's Ugly Duckling.

Local community theatre has appeals that surpass that of professional productions and, in the 15 to 30 or more years that lo-cal theatre troupes have taken to the stage in whatever facility has been available, they have sometimes drawn audiences larger and more enthused than touring productions have.

There was a curiosity factor initially, ac-cording to Binscarth Vagabond Theatre director and actor Mason Jardine. "People were initially curious to see local personali-ties on stage, but, with time, they have come to focus on what is happening on stage and have come to expect quality acting and variety." he said.

This year's roster promises to deliver all of the above, beginning with Stockholm's Sow's Belly Soup Group 18th annual pro-duction in March, followed by Binscarth's in early April, Esterhazy's Kaposvar Valley Kapers mid-April, Moosomin's Mooseberry Acting Company on the last weekend of April, and back to Binscarth for a children's production in early May.

With a little planning and early bookings, enthusiasts could be "off to the theatre" every other weekend from mid-March to mid-May.

ALL ABOARD FOR ROMANCE, MYSTERY The Stockholm Sow's Belly Soup Group has recruited three new actors to round out a 15 member cast for its *Perils on the High Seas* production in March. Ryan Lemieux, Sadie Sinclair, and Corinne Pomainville

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chewan and Southwest Manifaba

Saturday, April 9th, 2011

will join veteran Soup Group actors aboard a 1920's cruise ship headed for Jolly London in this romance and mystery comedy. Per-formances are March 18, 19, 25, and 26 at the Stockholm Communityplex and tickets are available from Michelle Banga at 306-793-2911.

QUIRKY HAPPENINGS Esterhazy' Kaposvar Valley Kapers troupe is now four weeks into rehearing its troupe is now four weeks into rehearsing its 15th dinner theatre production, *The Board-ing House* by playwright Vern Harden. This lighthearted farce is a fast-paced play fea-turing the quirky happenings that are fu-elled by 10 equally quirky personalities in the boarding house. For information and tickets for the April 8, 9, 10, 15, and 16 per-formance context director Grant Earster at formances, contact director Grant Forster at 306-745-6588.

SWEET AND LOVELY SENIORS

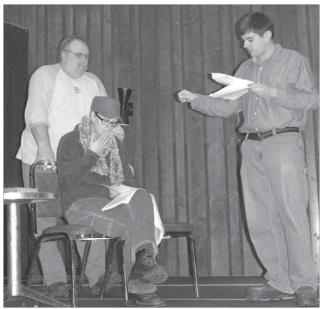
The kind-hearted residents of a senior's complex called The Cloisters come to Ethon pick cancer the Coloster's tome to European el Savage's defence when Ethel's horrible stepchildren pursue her recently departed husband's wealth in Binscarth's Vagabond Theatre production of John Patrick's *Curi-ous Savage* on April 1, 2, 8 and 9 at the Third Avenue Theatre in Binscarth. For informa-tion and tickets, call Third Avenue Theatre tion and tickets, call Third Avenue Theatre at 204-532-2287

CINDERELLA CLASSIC, WITH A TWIST The Cinderella story may be as old as antiquity, dating back to the First Century BC, but the Moosomin Mooseberry Acting Company will breathe new life into the classic fairy tale in April when two equally clas-sic seniors, ages 103 and 104 years, narrate the popular fairy tale from the Louisiana swamps. Under the direction of Jennifer Boivin and Brenda McPhedran. Performances are April 29 and 30. For information and tickets call Jennifer at 306-435-2588.

ENERGY ABOUNDS

No sooner will the Vagabond Theatre troupe wrap up Curious Savage than it will turn its focus and attention to a children's production of George Stiles' and Anthony Dreves' *Honk*, a musical based on Hans Christian Andersen's *The Ugly Duckling*, calling on the high energy level of an all-children cast. For information, call 204-532-

2287.





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